

## School Climate and Anti-Bullying Presentations 2018-2019

Title	Red Cross: Walking the Prevention Circle Program
Content	<p>Walking the Prevention Circle acknowledges the wholeness, history, light, darkness, challenges and potential of First Nations, Métis and Inuit peoples and communities. From the cycle of violence to the circle of healing, Walking the Prevention Circle recognizes the inter-connectedness of these opposing realities. Through this recognition, growth and change occur. The circle starts with awareness and moves to prevention.</p> <p>Walking the Prevention Circle educates adults living in or working with First Nations, Métis and Inuit communities on how to recognize and prevent violence against children and youth.</p>
Contact	<a href="https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/first-nations-metis-and-inuit-communities/become-a-training-partner">https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/first-nations-metis-and-inuit-communities/become-a-training-partner</a>
Referring School	Health and Wellness Consultant

Title	Red Cross: Bullying prevention workshop for youth
Content	<p>Red Cross Training Partners can deliver a three-hour Beyond the Hurt workshop to youth. Through this workshop, youth will understand:</p> <ul style="list-style-type: none"> <li>• Bullying, harassment and discrimination</li> <li>• How youth can use their personal power to resolve and prevent these problems</li> <li>• How to find and use resources to respond to bullying and harassment, including cyberbullying</li> </ul>
Contact	<a href="https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/educators/bullying-and-harassment-prevention/bullying-and-harassment-prevention-programs">https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/educators/bullying-and-harassment-prevention/bullying-and-harassment-prevention-programs</a>
Referring School	Health and Wellness Consultant

Title	Red Cross: Bullying Prevention Youth Training
Content	<p>Beyond the Hurt <b>Youth Facilitator Training</b> equips youth to deliver the Beyond the Hurt bullying prevention workshop to their younger counterparts and peers.</p> <p>Schools that become Red Cross Training Partners can choose whether to become equipped to conduct their own Youth Facilitator Trainings, or whether to have Red Cross conduct Youth Facilitator Training for them.</p>

Contact	<a href="https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/educators/bullying-and-harassment-prevention/bullying-and-harassment-prevention-programs">https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/educators/bullying-and-harassment-prevention/bullying-and-harassment-prevention-programs</a>
Referring School	Health and Wellness Consultant

Title	Saskatchewan Prevention Institute
Content	<p>Early Childhood Mental Health refers to the ability of children to experience, control, and express their emotions; form close and secure relationships; and learn while exploring their environment. General presentations can be delivered on this topic. The presentation can be tailored to meet your work place and/or audience’s requirements.</p> <p><b>Other presentations available include the following topics:</b></p> <ul style="list-style-type: none"> <li>• Witnessing Domestic Violence</li> <li>• Brain Development in the Early Years</li> <li>• Attachment</li> <li>• Resilience</li> <li>• Impact of Parental Mental Health</li> </ul>
Contact	<a href="https://skprevention.ca/professional-dev/early-childhood-mental-health/">https://skprevention.ca/professional-dev/early-childhood-mental-health/</a>
Referring School	Health and Wellness Consultant

Title	Imagine No Bullying
Content	<p>The Canadian Red Cross has instilled the trust of the Saskatchewan Roughriders to help deliver their violence and abuse prevention (RespectED) program to schools across Saskatchewan. Each year, players are trained to become a RespectED Educator and they are certified to deliver a specific RespectED program. The Riders deliver the “Beyond the Hurt” program, it explores all aspects of bullying and harassment in schools.</p> <ul style="list-style-type: none"> <li>• Developed and delivered in concert with youth, this two-hour program examines:</li> <li>• All types of harassment and bullying – personal, sexual, and the abuse of power and authority</li> <li>• Interpersonal power issues</li> <li>• The rights and responsibilities of individuals</li> <li>• Intervention and prevention issues, including through the law and school policies</li> </ul>
Contact	<a href="https://canadian.redcross.ca/imagine-no-bullying/">https://canadian.redcross.ca/imagine-no-bullying/</a>
Referring School	Dr. Isman Elementary School and James Hamblin

Title	Stop Walk Talk
Content	PBIS Strategy Booklet
Contact	<a href="https://www.pbis.org/common/cms/files/pbisresources/pbsbullyprevention.pdf">https://www.pbis.org/common/cms/files/pbisresources/pbsbullyprevention.pdf</a>
Referring School	Wolseley High School

Title	Beyond the Hurt – Canadian Red Cross
Content	Certificate course for adults
Contact	<a href="https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/educators/bullying-and-harassment-prevention/bullying-and-harassment-prevention-programs">https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-prevention/educators/bullying-and-harassment-prevention/bullying-and-harassment-prevention-programs</a>
Referring School	Wolseley High School

Title	Rob Parkman – School Culture Presentations
Content	<p><i><b>"Peace Makers vs. Peace Takers"</b> is an anti-bullying presentation that helps students to recognize the reality that befriending others and being kind eliminates most bullying in schools. This is a 40 minute presentation suitable for grades K-8. In this presentation, Rob shares stories about being on both sides of bullying and the impact that had on his life. Students are engaged by helping with a skit, a lesson that involves Smarties and nominating classmates to get kindness awards. This is our most requested topic. - Cost \$700 (additional travel costs may be incurred for remote northern communities).</i></p> <p><i><b>"The Principle of the Path"</b> is a character development presentation that helps students see that the decisions they make and the habits they form determine their future (in studies, relationships, well-being, etc.). This is a 40 minute presentation suitable for grades 5-12. This talk on trajectory helps students to predict the outcomes of making positive and negative choices. By developing the skill of thinking ahead, students are developed in terms of understanding consequences and developing self-leadership and peer-leadership skills. – cost \$700 (additional travel costs may be incurred for remote northern communities).</i></p> <p><i><b>"LEAD"</b> is a new presentation which develops four core leadership characteristics/behaviors based on an acrostic of <b>LEAD</b>:</i></p> <ul style="list-style-type: none"> <li>• <i>Learning (learners become leaders),</i></li> <li>• <i>Excelling (get your reps in),</i></li> <li>• <i>Affirming (lift others up),</i></li> <li>• <i>Demonstrating (do what you want others to do)</i></li> </ul> <p><i>LEAD is perfect for grades 6-12. - Cost \$700 (additional travel costs may be incurred for remote northern communities).</i></p>

	<i>"Stay in School" For First Nation Schools: Are you facing the problem of students dropping out of school and stepping into an uncertain future? Some communities are seeing 50% of their students drop out in high school. First Nations film maker Rhythm MacPherson is producing a high-impact documentary style film that challenges students to change their story. Rhythm has interviewed many First Nations young adults who tell their stories. We hear them talk about the challenges they faced in their communities, the choices they made and the way that it has positively or negatively impacted their future. A live presenter presents the documentary, their own challenge to students and takes questions from students. - Cost \$700 (additional travel costs may be incurred for remote northern communities).</i>
Contact	<a href="http://www.s-kool.com/contact.html">http://www.s-kool.com/contact.html</a>
Referring School	Grenfell High

Title	The Robb Nash Project
Content	It's not complicated. We love playing music and we took that passion and used it as a platform to talk about serious topics that are often hard to talk about. We're not afraid to talk about our mental health and how we've overcome our own struggles. We tell stories of tragedy, making sure to balance the two. We travel from coast to coast sharing this message and starting these conversations. This is our mission and there has never been a more important time than now. <a href="mailto:Karen@robbnash.com">Karen@robbnash.com</a>
Contact	<a href="http://www.robbnash.com">www.robbnash.com</a>
Referring School	South Shore

Title	My life online
Content	My life on line focuses on kids being safe, smart and kind online. The program teaches crucial life skills that would empower kids to thrive in this present day. It also has a parent component that is aimed at equipping parents with the necessary skill to have better conversations about online safety with their kids. The program has two categories: k-3 and Grade 4-8. The Grade 4-8 program teaches students how to self-manage their life online, gets them to practice decision making online based on their personal and professional goals. The program also encourages online empathy, means of creating positive opportunities and online relationship. It also makes students become aware of the long term consequences of their actions online. It also has a 6 week video curriculum for this category that the teacher could use. The k-3 program. It focuses on helping kids in this age group build positive healthy habits for smart phones, screens and tablets as they begin to explore the digital world. The program does not leave the primary caregivers out of the

	discussion. Schools can organize virtual parent night where parents are equipped with tools that will aid fruitful social media conversations between them and their wards comfortably.
Contact	<a href="http://welcometomylifeonline.com/contact/">http://welcometomylifeonline.com/contact/</a>
Referring School	Whitewood School

Title	Bullying workshop for students
Content	<p>This workshop has 3 categories:</p> <p>Bystanders - it targets k-3 The students are taught to observe and pay attention to details of happenings around them. They are thought to always try to recall what they witness happening, the 3 different bullying roles, their comfortability as digital citizens and to learn to be empathetic.</p> <p>Tweens cyberbullying - It targets grades 4-8 This workshop is more age appropriate for Grades 4-8 as it focuses about the sharing app Snapchat however, unless the principal agrees that the topic of sexting should be discussed, a more sanitized version of that discussion takes place with talk surrounding inappropriate pictures” instead. With the advent of puberty around Grade 7, many tweens find themselves suddenly thrown into a deep, cesspool of hormones and emotions that they find confusing and scary at times. We concentrate on the mind of a tween as they venture into a time of their lives where emotions rule.</p> <p>Cyberbullying for Teens - It targets Grades 9-12 This workshop explores Empathy, depression, anxiety, and self-esteem. It teaches students to be conscious of what they say online as they really do not know the actual state of the person they intend to curse out or make off on line. It also addresses the current apps and the ones kids should never explore. It also explores the positives and negative impacts of cellphones on the students amongst many other mental health topics.</p> <p>Contact Brian Trainor</p>
Contact	<a href="http://bully4u.ca/">http://bully4u.ca/</a>
Referring School	Whitewood School

Title	Understand Us
Content	“We produce public awareness campaigns using unconventional methods to promote a better understanding of mental health.

	<p>The biggest impact we can make in mental health education and awareness are engaging those in their most impressionable age. We proactively work with the school systems, teachers, and other youth programs in Regina to provide workshops, speaker forums and education seminars on mental health. The average age of the UnderstandUs family is 28 years old, making us relatable, approachable and supportive to youth spanning all ages. We attempt to act as leaders, mentors and friends to kids and teens who need it.</p> <p>We strive to better the communities we live in and get the message of positive mental health to as many people as possible. Whether it is charitable events, health fairs, speaking engagements or music festivals we look to be an outlet and a voice for the mental health community.”</p> <p><a href="https://understandus.ca/">https://understandus.ca/</a></p>
Contact	<a href="mailto:info@understandus.ca">info@understandus.ca</a>
Referring School	École White City School

Title	Hip Hop Hoop Dance
Content	Cross-Cultural Fusion – a hip-hop artist and a First Nations Hoop Dancer join forces.
Contact	<a href="https://osac.ca/">https://osac.ca/</a>
Referring School	Pilot Butte

Title	Jason Chamakese
Content	World-renowned flutist who shared a message of believing in yourself and overcoming obstacles.
Contact	Reila Bird
Referring School	Pilot Butte

Title	Regina Pats – Project First Goal
Content	Drug Awareness / Being true to self
Contact	<a href="http://reginapats.com/projectfirstgoal">http://reginapats.com/projectfirstgoal</a>
Referring School	Pilot Butte

Title	Power of Words / International Pink Day
Content	A morning of activities related to choosing our words more carefully and becoming aware of the impact our words can have on others.
Contact	Reila Bird/Kyla Christiansen
Referring School	Lumsden Elementary

Title	Take the Lead
Content	Take the Lead is a program focused on fostering leadership skills in youth aged 11 to 14. The purpose of this program is to train and mentor young people so that they can practice leading active plan opportunities. Once they have completed the training, youth leaders will have the ability to foster leadership skills within their schools and communities. Specifically, they will use their new skills on the playground to lead fun play activities during recesses and noon hours.
Contact	South East Sports, Culture and Recreation Association
Referring School	Indian Head Elementary School

Title	GSD 101 (Gender and Sexual Diversity)
Content	<p>For Students:</p> <p>This workshop aims to provide a brief introduction about the gender and sexually diverse community. Students will identify what discrimination against the LGBTQ+ community is, explore the implications of homophobia and transphobia, and give students tools to use in order to be effective allies. The key message of this workshop is to promote respect and acceptance for <i>all</i> students. It is an interactive presentation with numerous activities, including:</p> <ul style="list-style-type: none"> <li>• A matching terminology game</li> <li>• An examination of the effects of homophobic language</li> <li>• A look at stereotypes and assumptions</li> <li>• A deconstruction of gender roles in today's society</li> </ul> <p>The workshop is altered based upon grade level and prior knowledge.</p> <p>For Parents/Teachers:</p> <p>This presentation will walk parents/educators through the effects of homophobia/transphobia on students. It will provide the audience with an overview of the terminology surrounding the LGBTQ+ community, and then identify numerous ways in which a positive school culture can be promoted through support of GSD students.</p>

	Christian is also available to present to larger school audiences on his own personal journey as a member of the LGBTQ+ community. Additionally, he can be contacted for consultation services.
Contact	<a href="mailto:christiangregoryandrews@gmail.com">christiangregoryandrews@gmail.com</a> ; Insta: @thequeerteacher
Referring School	