



# Extracurricular Contract

In order to participate in the extracurricular programs at Milestone School, the following rules must be upheld:

1. I realize it is an honour and a privilege to represent Milestone School. I will conduct myself at all times in a manner that demonstrates caring and respect to all and brings respect to me and Milestone School.
2. I must maintain a satisfactory standing in all my subject areas and adhere to the rules of our school, including the rules regarding study hall. I must remember that education comes first, and the team/club is second. If I fail to do this, I may lose my opportunity to participate in extracurricular activities.
3. I must remember that participation in the extracurricular program is a privilege, not a right.
4. If my classroom/school behavior is not acceptable, I will be ineligible to participate. Decisions in this regard will be made in consultation with the school administration and program supervisor.
5. I must attend school for the full day prior to participation in any activity or game. If I must be absent, the reason must be acceptable to the administration and program supervisor.
6. Lack of commitment to practices, rehearsals, or meetings may result in decreased opportunities to participate in the program.
7. Once you make a commitment to a program, you must follow through with your commitment. An exception would be if the program supervisor and student reached a mutual agreement that departure from the program is in the best interest of all concerned.

Signed

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Student)

(Parent)

(Date)

Once the contract is signed, please return this form to the activity supervisor.

## **Extracurricular Activities Code of Conduct for Coaches/Advisors**

The function of a coach/advisor is to educate students through participation in interscholastic competition. The extracurricular programs are extensions of the classroom with moral and educational obligations required at all times.

Coaches/advisors are teachers first and foremost.

1. I will model leadership, integrity, responsibility, self-control, knowledge of sports/program rules and regulations, honesty and sportsmanship at all times.
2. I will require that school expectations must be followed at all times as we represent the school, the community, the division and the province.
3. I will appreciate the important role and difficult job of officials. I will model respectful acceptance of their decisions as a natural part of the game/activity.
4. I will teach my participants to act fairly and respect the rules, officials, opposing coaches, spectators and opponents in victory or defeat.
5. I will promote the entire interscholastic program of the school and be reasonable when scheduling games and practices, working with other extracurricular activities and remembering that youth have other obligations at school and in the community.
6. I will maintain fair, unprejudiced relationships with all team members, treating each participant as an individual and remembering the large range in emotional and physical development.
7. I will communicate expectations to participants and parents at the beginning of the season.
8. I will provide a physically and emotionally safe environment for practice and competition.
9. I will stay current with new rules, ideas, skills etc. pertaining to the activity I lead.
10. I will ensure the following when hosting a tournament/competition:
  - that SHSAA or other provincial guidelines are followed
  - that the rules and expectations are clearly communicated to coaches and teams prior to the event
  - that any complaints/conflicts are handled by the competition organizer or organizing committee
  - that I have trained officials and minor officials whenever possible

## **Extracurricular Activities Code of Conduct for Parents**

1. I will recognize that my child's participation in a school activity is a privilege. Participation in an extracurricular activity allows my child to grow and to develop lifelong skills, and to represent our school and community in a variety of circumstances and competitions.
2. I will remember that positive behaviour and attitudes begin with me. I will respect all officials, coaches/advisors, participants, and other parents.
3. I will respect the coach's/advisor's knowledge of the activity and the dedication he/she shows by volunteering time to coach my child. All decisions regarding participation and strategies rest with the coach/advisor.
4. I will support the school's decisions regarding issues which might arise in such areas as discipline, travel, attendance at practices, and expectations of parents' support.
5. I will support my child's involvement in extracurricular programs by volunteering where needed.
6. Understanding that teamwork and good citizenship is critical to my child's participation, I will praise my child for demonstrating good effort and positive attitude, and encourage my child to think about what is best for the group rather than focusing on self interest.
7. I will appreciate the important role and difficult job of officials. I will model respectful acceptance of their decisions as a natural part of competition.