



Prairie Valley School Division No. 208

P.O. Box 1937 3080 Albert Street North Regina SK S4P 3E1
Phone (306) 949-3366 Fax (306) 543-1771
Student Services Phone: (306) 924-2944 Fax (306) 949-7866

Leadership in Learning and Life

Prairie Valley School Division Resource List

Emergency Contact Numbers:

Emergency Measures Organization 24 Hour: 306-787-9563
Farm Stress Line: 1-800-667-4442
Narcotics Anonymous: 1-877-463-3537
Poison Centre 24 Hour: 1-866-454-1212
SaskEnergy 24 Hour Emergency: 1-888-700-0427
SaskPower 24 Hour Power Trouble and Outages: 310-2220

Help Lines:

Abuse / Sexual Assault Help Line1-800-214-7083
Kids Help Phone1-800-668-6868
Child Abuse Line569-2724
Child Find Saskatchewan.....1-800-513-3463
Health Line.....1-877-800-0002
Mobile Crisis 24 Hour Service.....757-0127
Problem Gambling Help Line.....1-800-306-6789
Regina Crisis / Suicide Line525-5333
Regina Sexual Assault Line352-0434
Saskatchewan Drug Information Centre1-800-665-3784
Saskatchewan Poison Control Centre1-866-454-1212

Other:

Provincial Court-Mental Health Act-Section 19....787-3995
Regina City Police.....777-6500
Regina General Hospital.....766-4444
Regina General Hospital – Adolescent Ward.....766-4203
Saskatchewan Childrens Advocate.....1-800-322-7221
Saskatchewan Crime Stoppers.....1-800-665-3784

Community Resources:

Canadian Mental Health Association525-9543
Cognitive Disability Strategy (RQHR – Regina)....751-2467
Cognitive Disability Strategy (SCHR – Yorkton)...786-1384
Community Living Division – Social Services
 Regina.....787-3848
 Weyburn.....848-2404
 Yorkton.....786-1300
Family Justice Services – Parent Education Unit
(parenting after separation, divorce and high conflict).....1-888-218-2822
FASD Support Network.....1-866-673-3276

Counselling Services:

Catholic Family Services of Regina.....	525-0521
Ehrlo Counselling Services.....	751-2412
Family Service Regina.....	757-6675
Greystone Bereavement Centre.....	766-6947
Mental Health (Child and Youth) Regina.....	766-6700
Mental Health (C & Y) and Addictions Fort Qu'Appelle / Grenfell Central Intake (RQHR)	1-866-367-8743
Mental Health Kipling (Child and Youth).....	736-2638
Weyburn Central Intake (SCHR).....	1-800-216-7689
Regina Addiction Services.....	766-7946
YWCA Isabel Johnson Shelter group for children who witness violence	525-2141

Department of Social Services (Child Protection, Young Offender Program):

Social Services- Estevan.....	637-4550
Social Services – Fort Qu'Appelle.....	1-800-667-3260
Social Services – Moose Jaw.....	694-3647
Social Services – Regina.....	787-3760
Social Services – Weyburn.....	848-2404
Social Services – Yorkton.....	786-1300

On Reserve Child and Family Services:

Yorkton Tribal Council Child and Family Services...782-8838 (Keeseekoose, Key, Cote, Ochapowace, Cowessess, Sakimay, Kahkewistahaw, Pheasant Rump, Ocean Man, Whitebear, Little Black Bear, Starblanket, Peepseekisis)	
Qu'Appelle Child and Family Services.....332-1842 (Standing Buffalo, Pasqua, Muskopetung, Piapot, Nikaneet, Wood Mountain, Carry The Kettle)	
*Okanese First Nations is with Fort Qu'Appelle SS	

Safe Shelters for Abused Women and Children:

Qu'Appelle Haven Safe Shelter (Fort Qu'Appelle).1-800-332-7233	
Transition House Regina.....	569-2292
WISH Safe Shelter Regina.....	543-0493
YWCA Isabel Johnson Shelter	525-2141

Treatment Centres and Group Homes:

Calder Centre.....	655-4500
Dales House	787-3565
Ranch Ehrlo	781-1800
SIGN Group Home (Yorkton).....	782-9325